

McDONALD'S CANADA ALLERGEN INFORMATION

As of May 23, 2019

To help guests with food allergies make more informed choices, we created an Allergen Information chart with symbols to provide allergen information for our standard menu items. Test products, test formulations, and certain regional products and/or limited time promotional products have not been included. The information provided in this document is based on the most current ingredient information available from our suppliers for the ten priority food allergens identified by Health Canada (eggs, milk, mustard, peanuts, seafood [including fish, crustaceans and shellfish], sulphites, sesame, soy, tree nuts, and wheat and other cereal grains containing gluten), and is based on standard product formulations. However, despite taking precautions, normal kitchen operations may involve some shared storage, cooking and preparation areas, equipment, utensils and displays, and the possibility exists for your food items to come in contact with other food products, including other allergens.

We encourage guests with food allergies or special dietary needs to visit www.mcdonalds.ca for the most comprehensive and up-to-date ingredient information, and consult their doctor for questions regarding their diet. If you have questions about our food, please ask to speak to a Manager or contact the McDonald's Guest Relations Contact Centre at 1-888-424-4622.

The allergen information displayed in this document is current as of the date indicated at the top of this page.

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	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Breakfast			0)		E	0)		UJ	E	0)	>		0		
Bacon & Hash Brown More-Ning McWrap					\checkmark	\checkmark									
Bacon 'N Egg McMuffin				\checkmark	\checkmark	\checkmark									
Bacon 'N Egg Bagel with Cinnamon & Raisin Bagel			X	\checkmark	\checkmark	\checkmark					\checkmark	\checkmark			
Bacon 'N Egg Bagel with Everything Bagel			\checkmark	\checkmark	\checkmark	\checkmark					\checkmark				
Bacon 'N Egg Bagel with Multigrain Bagel			\checkmark	\checkmark	\checkmark	\checkmark					\checkmark	\checkmark	\checkmark	\checkmark	
Bacon 'N Egg Bagel with Plain Bagel			X	\checkmark	\checkmark	\checkmark									
Bacon 'N Egg Bagel with Sesame Bagel			\checkmark	\checkmark	\checkmark	\checkmark					\checkmark				
Bacon, Egg & Cheese McGriddles				\checkmark	\checkmark	\checkmark									
Big Breakfast					\checkmark										
Breakfast Burrito					\checkmark	\checkmark									
Cinnamon & Raisin Bagel with Butter			x		\checkmark	\checkmark					\checkmark	\checkmark			
Cinnamon & Raisin Bagel With Herb & Garlic Cream Cheese Product			X		Х	\checkmark					\checkmark	\checkmark			
Cinnamon & Raisin Bagel with Nutella®			x		Х	\checkmark					\checkmark	\checkmark			
Cinnamon & Raisin Bagel With Regular Cream Cheese Product			X		Х	\checkmark					\checkmark	\checkmark			
Egg BLT Bagel with Cinnamon & Raisin Bagel															
Egg BLT Bagel with Everything Bagel															
Egg BLT Bagel with Multigrain Bagel															
Egg BLT Bagel with Plain Bagel															
Egg BLT Bagel with Sesame Bagel															
Egg McMuffin				\checkmark	\checkmark	\checkmark									
English Muffin with Butter					\checkmark										
Everything Bagel with Butter			\checkmark		\checkmark	x					\checkmark				
Everything Bagel With Herb & Garlic Cream Cheese Product			\checkmark		Х	Х					\checkmark				
Everything Bagel with Nutella®			\checkmark		Х	X					\checkmark				
Everything Bagel With Regular Cream Cheese Product			\checkmark		Х	Х					\checkmark				

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Hash Browns		•													-
Hotcakes with Syrup and Butter				\checkmark	\checkmark	\checkmark					\checkmark				
Multigrain Bagel with Butter			\checkmark		\checkmark	X					\checkmark	\checkmark	\checkmark		
Multigrain Bagel With Herb & Garlic Cream Cheese Product			\checkmark		Х	Х					\checkmark	\checkmark	\checkmark	\checkmark	
Multigrain Bagel with Nutella®			\checkmark		Х	Х					\checkmark	\checkmark	\checkmark	\checkmark	
Multigrain Bagel With Regular Cream Cheese Product			\checkmark		Х	X					\checkmark	\checkmark	\checkmark	\checkmark	
Plain Bagel With Butter			Х		\checkmark	X					\checkmark	\checkmark			
Plain Bagel With Herb & Garlic Cream Cheese Product			Х		Х	X						\checkmark			
Plain Bagel with Nutella®			Х		Х	Х					\checkmark	\checkmark			
Plain Bagel With Regular Cream Cheese Product															
Sausage 'N Egg McMuffin				\checkmark	\checkmark	\checkmark									
Sausage and Hash Brown More-Ning McWrap					\checkmark	\checkmark									
Sausage McGriddles					\checkmark	\checkmark					\checkmark	\checkmark			
Sausage McMuffin					\checkmark	\checkmark									
Sausage 'N Egg Bagel with Cinnamon & Raisin Bagel			Х	\checkmark	\checkmark	\checkmark					\checkmark	\checkmark			
Sausage 'N Egg Bagel with Everything Bagel			\checkmark	\checkmark	\checkmark	\checkmark					\checkmark				
Sausage 'N Egg Bagel with Multigrain Bagel			\checkmark	\checkmark	\checkmark	\checkmark					\checkmark	\checkmark	\checkmark	\checkmark	
Sausage 'N Egg Bagel with Plain Bagel			Х	\checkmark	\checkmark	\checkmark					\checkmark	\checkmark			
Sausage 'N Egg Bagel with Sesame Bagel			\checkmark	\checkmark	\checkmark	\checkmark					\checkmark				
Sausage, Egg & Cheese McGriddles				\checkmark	\checkmark	\checkmark									
Sesame Bagel with Butter			\checkmark		\checkmark	X					\checkmark				
Sesame Bagel With Herb & Garlic Cream Cheese Product			\checkmark		Х	X					\checkmark				
Sesame Bagel with Nutella®			\checkmark		Х	X					\checkmark				
Sesame Bagel With Regular Cream Cheese Product			\checkmark		Х	Х					\checkmark				
Traditional Breakfast - White Toast (Québec)				\checkmark	\checkmark										

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	lustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
McCafé & Bakery	۵.		S	Ш	2	S	L	S	Σ	S	5	Ω	0	£	⊢
Americano - Large															
Americano - Medium															
Americano - Small															
Authentic French Croissant		X		\checkmark	\checkmark	X					\checkmark				
Banana Chocolate Chunk Muffin				\checkmark	\checkmark	\checkmark					\checkmark	\checkmark	\checkmark		
Blueberry Cream Cheese Danish				\checkmark	\checkmark	X					\checkmark				
Blueberry Muffin				\checkmark	\checkmark	\checkmark					\checkmark		\checkmark		
Blueberry Pomegranate Protein Smoothie - Medium															
Blueberry Pomegranate Protein Smoothie - Small															
Dhucherry Demographete															

Blueberry Pomegranate Real Fruit Smoothie with yogurt - Large			\checkmark						
Blueberry Pomegranate Real Fruit Smoothie with yogurt - Medium			\checkmark						
Blueberry Pomegranate Real Fruit Smoothie with yogurt - Small									
Blueberry Pomegranate Real Fruit Smoothie with yogurt - Snack Size			\checkmark						
Blueberry Pomegranate Real Fruit Smoothie without yogurt - Large									
Blueberry Pomegranate Real Fruit Smoothie without yogurt - Medium									
Blueberry Pomegranate Real Fruit Smoothie without yogurt - Small									
Blueberry Pomegranate Real Fruit Smoothie without yogurt - Snack Size									
Cappuccino with 2% milk - Large			\checkmark						
Cappuccino with 2% milk - Medium			\checkmark						
Cappuccino with 2% milk - Small			\checkmark						
Cappuccino with skim milk - Large			\checkmark						
Cappuccino with skim milk - Medium			\checkmark						
Cappuccino with skim milk - Small			\checkmark						
Caramel Cappuccino with 2% milk - Large			\checkmark	\checkmark					
Caramel Cappuccino with 2% milk - Medium			\checkmark	\checkmark					

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Caramel Cappuccino with 2% milk - Small					\checkmark	\checkmark									
Caramel Cappuccino with skim milk - Large					\checkmark	\checkmark									
Caramel Cappuccino with skim milk - Medium					\checkmark	\checkmark									
Caramel Cappuccino with skim milk - Small					\checkmark	\checkmark									
Caramel Iced Coffee - Large						\checkmark									
Caramel Iced Coffee - Medium						\checkmark									
Caramel Iced Coffee - Small					\checkmark	\checkmark									
Caramel Latte with 2% milk - Large					\checkmark	\checkmark									
Caramel Latte with 2% milk - Medium					\checkmark	\checkmark									
Caramel Latte with 2% milk - Small					\checkmark	\checkmark									
Caramel Latte with skim milk - Large					\checkmark	\checkmark									
Caramel Latte with skim milk - Medium					\checkmark	\checkmark									
Caramel Latte with skim milk - Small					\checkmark	\checkmark									
Carrot Muffin				\checkmark	\checkmark	\checkmark					\checkmark				
Chocolate Chunk Brownie	X	X				\checkmark									
Chocolate Hazelnut Croissant		\checkmark		\checkmark	\checkmark	\checkmark					\checkmark			Х	
Coffee Iced Frappé - Large					\checkmark										
Coffee Iced Frappé - Medium					\checkmark										
Coffee Iced Frappé - Small					\checkmark										
Coffee Iced Frappé - Snack Size					\checkmark										
Cranberry Orange Muffin				\checkmark	\checkmark	\checkmark					\checkmark		\checkmark		
Deluxe Hot Chocolate with 2% milk - Large					\checkmark	\checkmark									
Deluxe Hot Chocolate with 2% milk - Medium					\checkmark	\checkmark									
Deluxe Hot Chocolate with 2% milk - Small					\checkmark	\checkmark									
Deluxe Hot Chocolate with skim milk - Large					\checkmark	\checkmark									
Deluxe Hot Chocolate with skim milk - Medium					\checkmark	\checkmark									
Deluxe Hot Chocolate with skim milk - Small					\checkmark	\checkmark									

	uts	Nuts	Be					fish	ard	nites	It	>			ale
	Peanuts	Tree	Sesame	Eggs	Milk	Soy	Fish	Shellf	Mustar	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Double Espresso															
Espresso															
French Vanilla Cappuccino with 2% milk - Large					\checkmark	\checkmark									
French Vanilla Cappuccino with 2% milk - Medium					\checkmark	\checkmark									
French Vanilla Cappuccino with 2% milk - Small					\checkmark	\checkmark									
French Vanilla Cappuccino with skim milk - Large					\checkmark	\checkmark									
French Vanilla Cappuccino with skim milk - Medium					\checkmark	\checkmark									
French Vanilla Cappuccino with skim milk - Small					\checkmark										
French Vanilla Iced Coffee - Large					\checkmark	\checkmark									
French Vanilla Iced Coffee - Medium					\checkmark	\checkmark									
French Vanilla Iced Coffee - Small					\checkmark	\checkmark									
French Vanilla Latte with 2% milk - Large					\checkmark	\checkmark									
French Vanilla Latte with 2% milk - Medium					\checkmark	\checkmark									
French Vanilla Latte with 2% milk - Small					\checkmark	\checkmark									
French Vanilla Latte with skim milk - Large					\checkmark	\checkmark									
French Vanilla Latte with skim milk - Medium					\checkmark										
French Vanilla Latte with skim milk - Small					\checkmark										
Fruit and Fibre Muffin				\checkmark	\checkmark	\checkmark					\checkmark				
Latte with 2% milk - Large					\checkmark										
Latte with 2% milk -															

Medium			N					
Latte with 2% milk - Small			\checkmark					
Latte with skim milk - Large			\checkmark					
Latte with skim milk - Medium			\checkmark					
Latte with skim milk - Small			\checkmark					
Mango Pineapple Protein Smoothie - Medium								
Mango Pineapple Protein Smoothie - Small								

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Mango Pineapple Real Fruit Smoothie with yogurt - Large					\checkmark										
Mango Pineapple Real Fruit Smoothie with yogurt - Medium					\checkmark										
Mango Pineapple Real Fruit Smoothie with yogurt - Small					\checkmark										
Mango Pineapple Real Fruit Smoothie with yogurt - Snack Size					\checkmark										
Mango Pineapple Real Fruit Smoothie without yogurt - Large															
Mango Pineapple Real Fruit Smoothie without yogurt - Medium															
Mango Pineapple Real Fruit Smoothie without yogurt - Small															
Mango Pineapple Real Fruit Smoothie without yogurt - Snack Size															
Mini Chocolatine				\checkmark	\checkmark	\checkmark					\checkmark				
Mocha with 2% milk - Large					\checkmark	\checkmark									
Mocha with 2% milk - Medium					\checkmark	\checkmark									
Mocha with 2% milk - Small					\checkmark	\checkmark									
Mocha with skim milk - Large					\checkmark	\checkmark									
Mocha with skim milk - Medium					\checkmark	\checkmark									
Mocha with skim milk - Small					\checkmark	\checkmark									
New Banana Mango Pineapple Protein Smoothie - Medium					\checkmark										
New Banana Mango Pineapple Protein Smoothie - Small					\checkmark										
New Banana Mango Pineapple Real Fruit															

Pineapple Real Fruit Smoothie with yogurt - Large		\checkmark					
New Banana Mango Pineapple Real Fruit Smoothie with yogurt - Medium		\checkmark					
New Banana Mango Pineapple Real Fruit Smoothie with yogurt - Small		\checkmark					
New Banana Mango Pineapple Real Fruit Smoothie with yogurt - Snack Size		\checkmark					

	Peanuts	e Nuts	Sesame	gs	×	>	ų	ellfish	ustard	Sulphites	Wheat	Barley	, t	Û	Triticale
	Pe	Tree	Se:	Eggs	Milk	Soy	Fish	Sh	M	Su	M	Ba	Oat	Rye	T
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Large															
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Medium															
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Small															
New Banana Mango Pineapple Real Fruit Smoothie without yogurt - Snack Size															
OREO Cookie Coffee Iced Frappé - Large															
OREO Cookie Coffee Iced Frappé - Medium															
OREO Cookie Coffee Iced Frappé - Small															
OREO Cookie Coffee Iced Frappé - Snack Size															
Premium Roast Brewed Coffee - Extra Large															
Premium Roast Brewed Coffee - Large															
Premium Roast Brewed Coffee - Medium															
Premium Roast Brewed Coffee - Small															
Premium Roast Brewed Iced Coffee - Large															
Premium Roast Brewed Iced Coffee - Medium					\checkmark										
Premium Roast Brewed Iced Coffee - Small															
Premium Tea - Extra Large															
Premium Tea - Large															
Premium Tea - Medium															
Premium Tea - Small															
RMHC Brownie Cookie				\checkmark	\checkmark	\checkmark					\checkmark				
RMHC Chocolate Caramel Cookie				\checkmark	\checkmark	\checkmark					\checkmark	\checkmark			
RMHC Chocolate Chunk Cookie				\checkmark	\checkmark	\checkmark					\checkmark	\checkmark			
RMHC Lil'Gem Cookie				\checkmark								\checkmark	\checkmark		
RMHC Red Velvet Cookie				\checkmark	\checkmark	\checkmark					\checkmark	\checkmark			
Salted Caramel Apple Danish				\checkmark	\checkmark	Х					\checkmark				

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Strawberry & Banana Protein Smoothie - Medium															
Strawberry & Banana Protein Smoothie - Small															
Strawberry & Banana Real Fruit Smoothie with yogurt - Medium					\checkmark										
Strawberry & Banana Real Fruit Smoothie with yogurt - Small					\checkmark										
Strawberry & Banana Real Fruit Smoothie with yogurt - Large					\checkmark										
Strawberry & Banana Real Fruit Smoothie without yogurt - Large															
Strawberry & Banana Real Fruit Smoothie without yogurt - Medium															
Strawberry & Banana Real Fruit Smoothie without yogurt - Small															
Strawberry & Banana Real Fruit Smoothie without yogurt - Snack Size															
Strawberry Cream Cheese Danish				\checkmark	\checkmark	Х					\checkmark				
Sugar Free Vanilla Cappuccino with 2% milk - Large					\checkmark					\checkmark					
Sugar Free Vanilla Cappuccino with 2% milk - Medium					\checkmark					\checkmark					
Sugar Free Vanilla Cappuccino with 2% milk - Small					\checkmark					\checkmark					
Sugar Free Vanilla Cappuccino with skim milk - Large					\checkmark					\checkmark					
Sugar Free Vanilla Cappuccino with skim milk - Medium					\checkmark					\checkmark					
Sugar Free Vanilla Cappuccino with skim milk - Small					\checkmark					\checkmark					
Sugar Free Vanilla Iced Coffee - Large					\checkmark					\checkmark					
Sugar Free Vanilla Iced Coffee - Medium					\checkmark					\checkmark					
Sugar Free Vanilla Iced Coffee - Small					\checkmark					\checkmark					
Sugar Free Vanilla Latte with 2% milk - Large					\checkmark					\checkmark					
Sugar Free Vanilla Latte with 2% milk - Medium					\checkmark					\checkmark					
Sugar Free Vanilla Latte with 2% milk - Small					\checkmark					\checkmark					

		ts								S					
	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Sugar Free Vanilla Latte with skim milk - Large					\checkmark					\checkmark					
Sugar Free Vanilla Latte with skim milk - Medium					\checkmark					\checkmark					
Sugar Free Vanilla Latte with skim milk - Small					\checkmark					\checkmark					
Vanilla Chai Iced Frappé - Large					\checkmark										
Vanilla Chai Iced Frappé - Medium					\checkmark										
Vanilla Chai Iced Frappé - Small															
Vanilla Chai Iced Frappé - Snack Size															
White Chocolate Mocha with 2% milk - Large															
White Chocolate Mocha with 2% milk - Medium					\checkmark										
White Chocolate Mocha with 2% milk - Small															
White Chocolate Mocha with skim milk - Large					\checkmark										
White Chocolate Mocha with skim milk - Medium															
White Chocolate Mocha with skim milk - Small					\checkmark										
White Hot Chocolate with 2% milk - Large					\checkmark										
White Hot Chocolate with 2% milk - Medium															
White Hot Chocolate with 2% milk - Small					\checkmark										
White Hot Chocolate with skim milk - Large					\checkmark										
White Hot Chocolate with skim milk - Medium					\checkmark										
White Hot Chocolate with skim milk - Small					\checkmark										

	lts	Nuts	ре					ish	Ird	ites	ىب	•			ale
	Peanuts	Tree	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Musta	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Beef															
Bacon & Cheddar Angus															
Big Mac					\checkmark	\checkmark									
Cheeseburger					\checkmark	\checkmark									
Double Big Mac					\checkmark	\checkmark									
Double Cheeseburger					\checkmark	\checkmark									
Double Quarter Pounder with Cheese					\checkmark	\checkmark									
Double Quarter Pounder without Cheese			\checkmark						\checkmark		\checkmark	\checkmark			
Hamburger			Х						\checkmark		\checkmark	\checkmark			
McDouble					\checkmark	\checkmark									
Mighty Angus Carolina BBQ															
Mighty Angus Original															
Quarter Pounder BLT															
Quarter Pounder with Cheese					\checkmark	\checkmark									
Quarter Pounder without Cheese			\checkmark						\checkmark		\checkmark	\checkmark			

		ts						_C		S					
	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Chicken		-													-
10 Chicken McNuggets											\checkmark				
20 Chicken McNuggets											\checkmark				
4 Chicken McNuggets											\checkmark				
6 Chicken McNuggets											\checkmark				
BLT with Crispy Chicken															
BLT with Grilled Chicken															
Chicken & Bacon Signature McWrap with Crispy Chicken															
Chicken & Bacon Signature McWrap with Grilled Chicken															
Chipotle Chicken Snack Wrap with Crispy Chicken					\checkmark						\checkmark				
Chipotle Chicken Snack Wrap with Grilled Chicken					\checkmark						\checkmark				
Junior Chicken			Х	\checkmark					\checkmark		\checkmark				
McChicken			\checkmark	\checkmark		\checkmark			\checkmark		\checkmark	\checkmark			
Ranch Chicken Snack Wrap with Crispy Chicken				\checkmark	\checkmark						\checkmark				
Ranch Chicken Snack Wrap with Grilled Chicken				\checkmark	\checkmark						\checkmark				
Sweet Chili Signature McWrap with Crispy Chicken				\checkmark					\checkmark		\checkmark				
Sweet Chili Signature McWrap with Grilled Chicken									\checkmark		\checkmark				
Tomato & Mozzarella with Crispy Chicken															
Tomato & Mozzarella with Grilled Chicken															

	uts	Nuts	me					fish	ard	nites	It	>			ale
	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustar	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Sandwiches & Wraps															
Chicken & Bacon Signature McWrap with Crispy Chicken															
Chicken & Bacon Signature McWrap with Grilled Chicken															
Chipotle Chicken Snack Wrap with Crispy Chicken					\checkmark						\checkmark				
Chipotle Chicken Snack Wrap with Grilled Chicken					\checkmark						\checkmark				
Double Filet-O-Fish					\checkmark	\checkmark									
Filet-O-Fish					\checkmark	\checkmark									
Fish & Chips							\checkmark				\checkmark				
Ranch Chicken Snack Wrap with Crispy Chicken				\checkmark	\checkmark						\checkmark				
Ranch Chicken Snack Wrap with Grilled Chicken				\checkmark	\checkmark						\checkmark				
Sweet Chili Signature McWrap with Crispy Chicken									\checkmark						
Sweet Chili Signature McWrap with Grilled Chicken				\checkmark	\checkmark				\checkmark		\checkmark				

	uts	Nuts	me					fish	ard	ulphites	at	Ž			ale
	Peanuts	Tree	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Musta	Sulp	Wheat	Barley	Oat	Rye	Triticale
Salads															
Asian Cashew Salad with Crispy Chicken															
Asian Cashew Salad with Grilled Chicken															
Caesar Bacon Salad with Crispy Chicken					\checkmark	\checkmark					\checkmark				
Caesar Bacon Salad with Grilled Chicken					\checkmark	\checkmark					\checkmark				
Caesar Side Salad					\checkmark	\checkmark					\checkmark				
Garden Fresh Side Salad					\checkmark										
Greek Feta Salad with Crispy Chicken					\checkmark					\checkmark	\checkmark				
Greek Feta Salad with Grilled Chicken					\checkmark					\checkmark					

		S						_		S					
	Peanuts	ee Nuts	Sesame	Eggs	<u>×</u>	>	ų	Shellfish	Mustard	Sulphites	Wheat	Barley	L.	e	Triticale
	Ре	Tree	Se	Ш	Milk	Soy	Fish	Sh	B	Su	Ň	Ba	Oat	Rye	
Happy Meal															
1% Partly Skimmed Milk - 250 ml															
4 Chicken McNuggets											\checkmark				
Apple Slices															
Cheeseburger					\checkmark	\checkmark									
Dasani Water															
Hamburger			X						\checkmark		\checkmark	\checkmark			
Hotcakes				\checkmark	\checkmark	\checkmark					\checkmark				
Minute Maid Apple Juice - Small															
Minute Maid Orange Juice - Small															
Ranch Chicken Snack Wrap with Crispy Chicken				\checkmark	\checkmark						\checkmark				
Ranch Chicken Snack Wrap with Grilled Chicken				\checkmark	\checkmark						\checkmark				
Strawberry Yogurt Tube															
World Famous Fries - Mini															
World Famous Fries - Small															

	Peanuts	Tree Nuts	Sesame	Eggs	<u>×</u>		5	Shellfish	ustard	Sulphites	Wheat	Barley	t	C	Triticale
	Pe	Tre	ů N	р В Ш	Milk	Soy	Fish	Sh	N N N	Su	M	Ba	Oat	Rye	
Beverages															
1% Partly Skimmed Milk - 250 ml					N										
Barq's Root Beer - Child															
Barq's Root Beer - Large															
Barq's Root Beer - Medium															
Barq's Root Beer - Small															
Coca-Cola - Child															
Coca-Cola - Large															
Coca-Cola - Medium															
Coca-Cola - Small															
Coca-Cola Zero - Child															
Coca-Cola Zero - Large															
Coca-Cola Zero - Medium															
Coca-Cola Zero - Small															
Dasani Water															
Diet Coke - Child															
Diet Coke - Large															
Diet Coke - Medium															
Diet Coke - Small															
Fruitopia Orange Groove - Child															
Fruitopia Orange Groove - Large															
Fruitopia Orange Groove - Medium															
Fruitopia Orange Groove - Small															
Fruitopia Strawberry Passion Awareness - Child															
Fruitopia Strawberry Passion Awareness - Large															

Fruitopia Strawberry Passion Awareness - Medium								
Fruitopia Strawberry Passion Awareness - Small								
Higgins & Burke Hot Chocolate			\checkmark					
Minute Maid Apple Juice - Large								
Minute Maid Apple Juice - Medium								
Minute Maid Apple Juice - Small								

	ts	luts	е					sh	D	ites					Ð
	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Minute Maid Orange Juice - Large															
Minute Maid Orange Juice - Medium															
Minute Maid Orange Juice - Small															
Nestea Iced Tea - Child															
Nestea Iced Tea - Large															
Nestea Iced Tea - Medium															
Nestea Iced Tea - Small															
Sprite - Child															
Sprite - Large															
Sprite - Medium															
Sprite - Small															

	nuts	Nuts	ame	Ś				Shellfish	tard	Iphites	at	ey			cale
	Peanuts	Tree	Sesame	Eggs	Milk	Soy	Fish	Shel	Mustar	Sulp	Wheat	Barley	Oat	Rye	Triticale
Snacks & Sides															
Apple Slices															
Banana Chocolate Chunk Muffin				\checkmark								\checkmark	\checkmark		
Blueberry Muffin					\checkmark	\checkmark					\checkmark	\checkmark	\checkmark		
Carrot Muffin				\checkmark	\checkmark	\checkmark					\checkmark				
Cranberry Orange Muffin				\checkmark	\checkmark						\checkmark		\checkmark		
Fruit and Fibre Muffin				\checkmark	\checkmark	\checkmark					\checkmark				
Poutine					\checkmark										
RMHC Brownie Cookie				\checkmark	\checkmark	\checkmark					\checkmark				
RMHC Chocolate Caramel Cookie				\checkmark	\checkmark	\checkmark					\checkmark	\checkmark			
RMHC Chocolate Chunk Cookie				\checkmark	\checkmark	\checkmark					\checkmark	\checkmark			
RMHC Lil'Gem Cookie				\checkmark	\checkmark	\checkmark					\checkmark	\checkmark	\checkmark		
RMHC Red Velvet Cookie				\checkmark	\checkmark	\checkmark					\checkmark	\checkmark			
World Famous Fries - Large															
World Famous Fries - Medium															
World Famous Fries - Mini															
World Famous Fries - Small															

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Desserts & Shakes	Ĩ	F	Ň	Ű	Σ	Ň	L L	S	Σ	S	\$	B	Ο	Ŕ	F− I
Baked Apple Pie						\checkmark					\checkmark				
Baked Strawberry Pie						\checkmark					\checkmark				
Cadbury Creme Egg McFlurry - Regular Size				\checkmark	\checkmark	\checkmark				\checkmark					
Cadbury Creme Egg McFlurry - Snack Size				\checkmark	\checkmark	\checkmark				\checkmark					
Chocolate Birthday Cake				\checkmark		\checkmark									
Chocolate Nanaimo McFlurry - Regular Size						\checkmark									
Chocolate Nanaimo McFlurry - Snack Size						\checkmark					\checkmark				
Chocolate Triple Thick Milkshake - Large					\checkmark										
Chocolate Triple Thick Milkshake - Medium					\checkmark										
Chocolate Triple Thick Milkshake - Small					\checkmark										
Hot Caramel Sundae					\checkmark										
Hot Fudge Sundae					\checkmark	\checkmark									
M&M's McFlurry - Regular Size	Х				\checkmark	\checkmark									
M&M's McFlurry - Snack Size	Х				\checkmark	\checkmark									
Oreo McFlurry - Regular Size					\checkmark	\checkmark					\checkmark				
Oreo McFlurry - Snack Size					\checkmark	\checkmark					\checkmark				
SKOR McFlurry - Regular Size		\checkmark			\checkmark	\checkmark									
SKOR McFlurry - Snack Size		\checkmark			\checkmark	\checkmark									
Strawberry Triple Thick Milkshake - Large					\checkmark										
Strawberry Triple Thick Milkshake - Medium					\checkmark										
Strawberry Triple Thick Milkshake - Small					\checkmark										
Strawberry Yogurt Tube					\checkmark										
Vanilla Birthday Cake				\checkmark	\checkmark	\checkmark					\checkmark				
Vanilla Cone					\checkmark	\checkmark					\checkmark				
Vanilla McFlurry Base - Regular portion					\checkmark										
Vanilla McFlurry Base - Snack portion					\checkmark										
Vanilla Triple Thick Milkshake - Large					\checkmark										

	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Vanilla Triple Thick Milkshake - Medium															
Vanilla Triple Thick Milkshake - Small															

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	Peanuts	Tree Nuts	Sesame	Eggs	Milk	Soy	Fish	Shellfish	Mustard	Sulphites	Wheat	Barley	Oat	Rye	Triticale
Condiments															
Becel Margarine Portion					\checkmark	\checkmark									
Butter Portion					\checkmark										
Butter Portion Whipped					\checkmark										
Chicken McNuggets Barbeque Sauce						\checkmark			\checkmark		\checkmark				
Chicken McNuggets Hot Mustard Sauce				\checkmark					\checkmark						
Chicken McNuggets Sweet & Sour Sauce						\checkmark			\checkmark		\checkmark				
Granulated Peanuts Packet															
Honey Packet															
Hotcake Syrup Packet															
Ketchup Packet															
Maple Brown Sugar Packet															
McChicken Sauce Packet				\checkmark					\checkmark						
Peanut Butter Packet	\checkmark					\checkmark									
Pure Kraft Asiago Caesar Dressing				\checkmark	\checkmark	\checkmark	\checkmark				\checkmark				
Pure Kraft Calorie-Wise Asiago Caesar Dressing				\checkmark	\checkmark	\checkmark	\checkmark				\checkmark				
Pure Kraft Greek Feta Dressing					\checkmark										
Pure Kraft Sesame Dressing															
Pure Kraft Sweet Balsamic Vinaigrette Dressing															
Salsa Sauce Packet															
Strawberry Jam Packet															
Vinegar Packet															

	Peanuts	e Nuts	Sesame	ß	×	>	ج	Shellfish	stard	Sulphites	Wheat	Barley	÷	(D	Triticale
McPicks	Pe	Tree	Sei	Eggs	Milk	Soy	Fish	She	Mu	Sul	4M	Bai	Oat	Rye	L İ
Baked Apple Pie						\checkmark					\checkmark				
Cheeseburger					\checkmark	\checkmark									
Hamburger			X						\checkmark			\checkmark			
Junior Chicken			X	\checkmark					\checkmark		\checkmark	\checkmark			
McDouble					\checkmark	\checkmark									
Sausage McMuffin					\checkmark	\checkmark									
Vanilla Cone					\checkmark	\checkmark					\checkmark				
World Famous Fries – Small															

Allergen key:



X = may contain the allergen

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