

1st Flr, 14 Annerley Rd
Woolloongabba - Q.4102
www.bensrest.com.au

TAKE-AWAY MENU



Phone: **0466 109 383**
Ph: **(07) 3391 3233**

OPEN 7 DAYS

11am-3pm & 5pm -10.00pm



APPETISERS

Mini Spring Roll (4)	\$8.50
Curry Puff (4)	\$8.50
Fried Wonton (10)	\$8.50
Steam /Fried Dim Sim (4)	\$8.50
Mix Entree (Sp Roll, Fried Dim Sim, Prawn Toast)	\$8.50
Salt & Pepper Quail(GFO)	\$8.90
Prawn Toast (4)	\$8.90
King Pawn Cutlet (4)	\$15.90
San Choi Bao (4)(GFO)	\$16.90

SOUP

Chicken Sweet Corn Soup(GFO)	(S) \$8.50	(L) \$13.90
Crab Meat Sweet Corn(GFO)	(S) \$8.50	(L) \$13.90
Chilli & Sour Soup	(S) \$8.90	(L) \$14.90
Wonton with BBQ Pork	(S) \$9.90	(L) \$14.90
Egg Noodle with BBQ Pork	(S) \$9.90	(L) \$14.90

RICE

Steam Rice	(S) \$4.00	(L) \$4.90
Combination Fried Rice	(S) \$9.90	(L) \$12.90
Prawn or Chicken Fried Rice(GFO)	(S) \$9.90	(L) \$12.90
Salty Fish & Chicken Fried Rice(GFO)		(L) \$14.90

RICE NOODLE & VEGIES

Singapore Noodle	\$17.90
Beef or Chicken or Pork Ho Phan	\$22.90
Combination Ho Phan	\$24.90
Seafood Ho Phan	\$26.90

OMELETTE (Extra \$2 for Gravy)

Chicken Omelette	\$15.90
Combination OR Prawn Omelette	\$15.90

CHOW MEIN NOODLE & VEGIES

Chicken or Pork or Beef Chow Mein	\$17.90
Combination Chow Mein	\$22.90
King Prawn or Seafood Chow Mein	\$24.90

HONEY OR SWEET & SOUR

Chicken or Pork	\$17.90
Combination (Prawn, Chicken, Pork)	\$20.90
King Prawn	\$22.90

A CHOICE OF:

SATAY or CHILLI or CURRY sauce	
ALMOND & CASHEW or VEGIES & OYSTER sauce	
MUSHROOM & VEGIES or BLACK BEAN sauce	
GINGER & SHALLOT or PLUM sauce	
SIZZLING GARLIC or MONGOLIAN sauce	
BEEF	\$17.90
PORK or CHICKEN	\$17.90
LAMB	\$18.90
SQUID	\$18.90
COMBINATION	\$20.90
KING PRAWN	\$22.90
SEAFOOD	\$22.90
SCALLOP	\$25.90

CHEF SUGGESTIONS

Roast Crispy Lemon/Orange Chicken	\$17.90
Boneless Lemon/Orange Chicken	\$17.90
Flame Pork Ribs Special Sauce	\$17.90
Peking Steak	\$17.90
Chilli Mabo Tofu	\$17.90
Deep Fried Duck Plum	\$20.90
Steam Duck Ginger & Mushroom	\$20.90
Steam Duck, Meat & Seafood Oyster Sauce	\$28.90
Salt & Pepper Squid(GFO)	\$19.90
Combination Bird's Nest	\$23.90
Seafood Bird's Nest	\$25.90

VEGETABLE/VEGETARIAN

Vegetarian Spring Roll (4)	\$8.50
Transparent Tofu Roll (4)(GFO)	\$12.90
Vegies Sweet Corn Soup(GFO)	(S) \$8.50 (L) \$13.90
Long Noodle Vegies Soup	(S) \$8.90 (L) \$14.90
Vegetarian Fried Rice(GFO)	(S) \$9.90 (L) \$12.90

MAIN

Mix Vegetable with Almond & Cashew(GFO)	\$15.90
Mix Vegetable with Garlic or Chilli(GFO)	\$15.90
Mix Vegetable with Curry or Satay	\$15.90
Mix Vegetable with Oyster or Black Bean	\$15.90
Cai Lanh Vegetable with Garlic or Oyster	\$15.90
Mix Vegetable Chow Mein	\$16.90
Salt & Pepper Tofu(GFO)	\$16.90
Mix Vegetable Ho Phan	\$18.90

VIETNAMESE

CHEF SUGGESTIONS

SEAFOOD DISHES

Steam Oyster with Chilli/Ginger Shallot (1/2 Doz)	\$25.90
(1 Doz)	\$39.90
Steam King Prawns with Chilli/Ginger Shallot	\$28.90
Mussel Black Bean Or Ginger & Shallot	\$21.90
Salt & Pepper King Prawn (GFO)	\$22.90
Salt & Pepper King Prawn & Squid (GFO)	\$23.90
Salted Egg Soft Shell Crab **	\$24.90
Stewed Silver Perch Hot Pot **	\$22.90
Seafood Hot Pot	\$22.90
Salt & Pepper Whitebait	\$18.90
Combination Hot Pot	\$20.90

MEAT DISHES

Chicken with Lemon Grass & Chilli	\$17.90
Grilled Marinated Pork Chop (GFO)	\$18.90
Pepper Beef with Cabbage & Mushroom	\$17.90
Steam Chicken with Ginger & Shallot	\$18.90
Steam Chicken with Black Bean	\$18.90
Crispy Chicken Lemon Grass & Soya	\$18.90
Beef with Cai Lanh & Mushroom	\$18.90
Salt & Pepper Pork Chop	\$18.90

—oOo—

APPETISERS

Transparent Pork Roll (4)(GFO)	\$12.90
Transparent Prawn & Pork Roll (4)(GFO)	\$12.90

D.I.Y RICE PAPER DISHES

Prawn Meat on Sugar Cane & Salad (3)	\$15.50
Grilled Sliced Pork & Salad (2)(GFO)	\$15.50
Grilled Pork Balls & Salad (2)	\$15.50
Grilled Skewed Beef & Salad (2)	\$15.50
Grilled King Prawn & Salad (2)(GFO)	\$16.50

TRADITIONAL HOMEMADE SALAD

Chicken with Cabbage Salad(GFO)	\$19.90
Sliced Beef Ginger & Hoisin Salad	\$19.90
Jelly Fish with Chicken Or Prawn Salad(GFO)	

RICE VERMICELLI

Spring Roll Rice Vermicelli	\$13.90
Prawn Meat on Sugar Cane Vermicelli	\$14.90
Sliced Beef & Rice Vermicelli	\$14.90
Grilled Chicken & Rice Vermicelli	\$14.90
Grilled Pork Ball Rice Vermicelli	\$14.90
Grilled Sliced Pork Rice Vermicelli(GFO)	\$14.90
Grilled Skewed Beef Rice Vermicelli	\$14.90
Grilled King Prawn Rice Vermicelli(GFO)	\$15.90

STEAM RICE DISHES

Rice with Crispy Chicken	\$14.90
Rice with Grilled Pork Chop(GFO)	\$14.90
Rice Shredded Pork, Pork Chop & Fried Egg	\$14.90
Rice Shredded Pork, Pork Chop & Egg Cake	\$14.90

PHO RICE NOODLE SOUP - Rice Vermicelli (GFO)

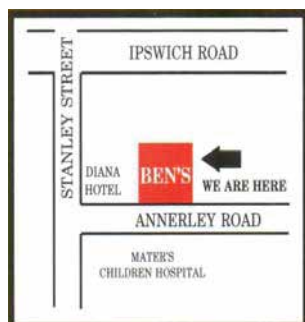
(Extra \$1 for Fresh or Clear Noodle)

Beef Noodle Soup	\$14.90
Chicken Noodle Soup	\$15.50
Chilli Beef and Pork Noodle Soup	\$15.50
Special Beef Noodle Soup	\$15.50
Combination Rice Noodle Soup	\$15.50
Combination DRY Rice Noodle Soup	\$15.50
Seafood Rice Noodle Soup	\$16.90

EGG NOODLE SOUP (MI)

Chicken Egg Noodle Soup	\$14.90
Egg Noodle & BBQ Pork Soup	\$14.90
Egg Noodle & Crispy Chicken	\$16.90
Egg Noodle & Grilled Pork Chop	\$16.90
Combination Egg Noodle Soup	\$15.50
Combination DRY Egg Noodle Soup	\$15.50
Seafood Egg Noodle Soup	\$16.90

May Contains Traces Of Peanuts /
Our Food Has No Added MSG /
(GFO) Gluten Free Option Available



FREE !!!

Small Comb. FRIED RICE
For order \$55 & Over

Large Comb. FRIED RICE
For order \$65 & Over

FREE !!!



Flame Pork Ribs



Bens Specialities

Relax and Enjoy authentic and traditional Chinese and Vietnamese Cuisine in an elegant atmosphere with the Friendly and Courteous staff. BEN's Restaurant has been established since 1993 and specialise in Chinese and Vietnamese food.

Our business is to make your dining out a pleasurable experience.

We cater for all Weddings, Functions, and Private Parties.

Please ask to see our special functions menu and complimentary KARAOKE service.

Bookings by phone or email bensrestaurant2@yahoo.com.au