

## En Izakaya - Gluten free food menu 2020

### from the garden

- Wakame, akanori, ao-ogo seaweed salad with lettuce, tomato, cucumber & saganaki cheese 17
- Seared momen tofu and miso infused eggplant oven baked 17
- Daikon white radish salad laced with umeboshi plum & honey – plus lotus root chips 13

### from the sea

- A selection of salmon sushi 18
- California roll filled with tuna, prawn, avocado, wasabi, & flying fish roe 16
- Tuna & spring onion wrapped in tofu skin (yuba) and lightly fried. 21
- Wasabi coated school fried prawns 9
- A grilled piece of salmon – marinated at length using white miso, mirin & sake 18

### from the paddock

- Sticky rice coated steamed dumplings filled with chicken, prawn & shiitake mushrooms 18

### bits and pieces

- miso soup 5
- pumpkin and white miso soup – *no fried leek* 8