

## EAT WELL - LOVE LIFE

### Quorn Five Spice Stir Fry

£8.50

Fragrant and full of healthy nutritious vegetables and quorn pieces, stir fried with chinese five spice and soy sauce

### Vegetarian Omelette

£9.25

Filled with red onion, peppers, spinach, mushrooms and new potatoes.  
Served with sweet potato fries and a dressed salad garnish

### Chickpea and BBQ Jackfruit Burger

£8.75

Chickpea, spinach and falafal burger topped with BBQ pulled jack fruit  
Served on a toasted brioche roll with salad garnish and sweet potato fries

### Tempura Vegetables Tasting Plank

£6.95

Selection of vegetables in a light tempura batter with sweet chilli dipping sauce, garlic mayo and salad garnish

### Chicken and Quinoa Salad

£8.95

Tender chicken breast, super satisfying veggies and quinoa topped with toasted pumpkin and sunflower seeds and drizzled with balsamic glaze

### Falafal and Quinoa Salad

£8.25

Sweet potato falafal, quinoa, vegetables and toasted seeds finished with balsamic glaze

### Cauliflower, Chickpea and Spinach Curry

£8.25

Homemade curry made with the tastiest Indian herbs and spices, filled with cauliflower, chickpea and spinach. Served with coriander rice and a falafel bite

## SIDES

Skin on fries with cajun dip	£2.85
Sweet potato fries with garlic mayo	£3.00
Tempura veg fries with garlic mayo	£3.50
Halloumi fries with cajun dip	£4.25



# MENU

HIGH LEGH GARDEN CENTRE  
High Legh, Knutsford WA16 0QW  
tel: 01925 756991

## BREAKFAST

available daily until 11.30am

### The Full English Breakfast **£7.25**

Butchers sausage, two pieces of cured bacon, grilled tomato, baked beans, fried hens egg, sautéed button mushrooms, black pudding and hot buttered toast served with filter coffee or tea

### Vegetarian Breakfast **£7.25**

Roasted tomatoes, wilted spinach, button mushrooms, baked beans, fried hens egg, sautéed potatoes, toasted sunflower and pumpkin seeds and hot buttered toast served with filter coffee or tea

### Gardener's Set Breakfast **£2.25**

Butchers sausage, one piece of cured bacon, fried hens egg and baked beans

### Eggs Your Way **£3.95**

Fried, scrambled or poached on hot buttered toast

### Eggy Bread **£4.25**

French toast topped with maple syrup and crisp streaky bacon

### Herby Mushrooms on Toast **£3.95**

Button mushrooms sautéed in butter and herbs served on hot buttered toast

### Berry Pot **£3.65**

Natural yoghurt with blueberries sprinkled with poppy seeds

### Ultimate Breakfast Sandwich **£5.95**

Butchers sausage, streaky bacon, sautéed mushrooms and fried hens egg on toasted ciabatta

### Avocado, Eggs and Bacon **£5.95**

Whipped avocado set on ciabatta topped with poached eggs and streaky bacon

## DELI CHOICE

### Seafood Deli Board **£8.25**

Mini prawn cocktail, cod goujon and smoked haddock fishcake. Served with tomato and rocket salad, garlic mayonnaise, tartare sauce and a lemon wedge

### Asian Deli Board **£8.25**

Sweet potato falafal bites and tempura vegetables served with warm naan bread ribbons, mango chutney, mint yoghurt dip and mixed leaf salad

### Taste of Cheshire **£8.25**

A platter filled with pork pie, local blue cheese, gammon ham, black pudding, pickles, piccalilli and salad.

Served with a bread roll and butter

### Gardener's Soup Platter **£4.95**

Chef's soup of the day served with bloomer bread, dairy butter and a trio of garnish pans: crispy rocket, salted onions and herb croutons

## BETWEEN THE BREADS

### Tuna and Cucumber **£6.25**

Flaked tuna, cucumber and free range mayonnaise

### Mature Cheddar and Chutney **£6.25**

Mature cheddar cheese with caramelised onion chutney

### Ham and Tomato **£6.25**

Gammon ham with sliced tomato and mustard mayonnaise

### Egg Mayonnaise and Rocket **£5.99**

Free range egg mayonnaise topped with peppery rocket

### Hummus, Carrot and Pepper **£6.25**

Red pepper hummus, grated carrot and peppery rocket

## GOURMET SANDWICHES

### Roast Beef Yorkie Wrap **£7.25**

Pulled roast beef in a rich onion gravy wrapped in a giant yorkie. Served with muddy mayonnaise and salad garnish

### Smoky BBQ Jackfruit Wrap **£7.25**

Pulled jackfruit in a tangy BBQ sauce topped with roasted vegetables. Served in a tortilla wrap with salad garnish

### Garlic Chicken and Bacon Ciabatta **£7.55**

Chicken breast and garlic mayonnaise topped with crisp streaky bacon and melted cheddar cheese. Served with coleslaw and salad garnish

### Prawn and Avocado Open Sandwich **£8.25**

Ciabatta roll topped with whipped avocado and cold water prawns laced with marie rose sauce. Served with coleslaw and salad garnish