

# MONSAL HEAD & STABLES

## MENU

### SALADS

*all of our salads available either small or large*

Greek Salad with sun blushed tomatoes, cos lettuce, cucumber, red onion, mixed olives and feta cheese in a Dijon dressing

Vegetarian / L / M starter **7.50** main **14.25**

Traditional Caesar with cos lettuce, croutons, anchovies and shaved parmesan cheese in a Caesar sauce

starter **6.95** main **11.50**

Why not add chicken to your Caesar?

F / M / E starter **2.00** main **4.00**

### CHILDREN

#### Choose from:

- Pork or Vegetarian Sausages
- Beer battered Fish
- Whole tail breaded Scampi Breaded Chicken
- Goujons

#### Add either:

- Chips • Mash

#### Then choose from:

- Mixed Vegetables • Baked Beans
- Mushy/Garden Peas

*All the above contain Gluten.*

*The beer battered fish contains Lactose and fish.*

Children's Meals **7.00**

Children's Pasta with cheese sauce **6.95**

G / L

### SIDE ORDERS

Chips **4.00**

Garlic bread with cheese **4.00**

G / L / V

Dipping Platter (breads and oils) **4.50**

G, / V

Marinated mixed olives **4.65**

V

### LIGHTER SNACKS

*Available between 12 and 5pm*

*Sandwiches on white or brown sliced bloomer loaf, garnished with salad and crisps.*

Vintage mature cheddar cheese and pickle **7.95**

Tuna mayonnaise and red onion **7.95**

Derbyshire ham and fruit chutney **7.95**

Classic BLT **8.00**

bacon lettuce and tomato served on a ciabatta bread

Smoked salmon, prawns, rocket with sour cream and chives **8.50**

Add a cup of homemade soup for to your sandwich **2.50**

Jacket potatoes served with salad garnish Baked beans or Sour cream and chives or Cheddar cheese **6.95**

Tuna mayonnaise and red onion **7.50**

Cheddar cheese and baked beans **7.50**

*All sandwiches can be made with gluten free bread*

### SPECIALS

Please See Specials board for today's specials

### DESSERTS

Please See Specials board for today's desserts

### ALLERGEN KEY

Cel = celery C = Crustaceans, G = Gluten, E = egg, F = Fish, L = lupin L/M = Lactose/Milk, Mol = Mollusc, M = Mustard, N = Nuts, P = Peanuts, S = Sesame Seeds

For more allergens information please ask a member of staff

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## MENU

### STARTERS

Homemade soup served with bread and butter <i>Gluten Free Bread available on request</i>	<b>6.50</b>	Smoked bacon black pudding stack topped with a creamy cheese sauce <i>G / L / M</i>	<b>6.50</b>
Baked Camembert rubbed with fresh garlic and rosemary, served with bread <i>Vegetarian / Cel / M / L</i> <i>Gluten Free bread available on request</i>	<b>7.95</b>	Creamy whipped feta dip Served with ciabatta dippers <i>Vegetarian / L</i> <i>Gluten free bread available on request</i>	<b>6.25</b>
Wild mushroom Fricassee served with baby spinach and cream sauce <i>Vegetarian / G / L / M</i>	<b>7.50</b>	Black bean & corn salad with chipotle Honey vinaigrette, served with corn chips <i>Vegetarian or Vegan</i>	<b>6.50</b>

### MAIN COURSES

6oz Cheese burger in a brioche bun with salad garnish & chips	<b>10.95</b>	Pan roasted Chicken Breast stuffed with sundried tomato, feta cheese and basil served with herb crushed new potatoes, seasonal vegetables topped with a cream sauce <i>L</i> <i>please allow 30 minutes as this is cooked from fresh</i>	<b>14.95</b>
Why not add Bacon or Stilton for just <i>G / L / M</i>	<b>1.00</b>	Mixed beans and red lentil cassoulet served with spinach & crusty bread <i>Vegetarian or Vegan</i> <i>Gluten Free bread available on request</i>	<b>11.95</b>
4oz Minute Steak Sandwich Served with salad garnish, fried onions & chips <i>G / L / M</i>	<b>10.50</b>	8oz Rib eye steak with mushroom, tomato served with onion rings & chips (£4.50 supplement for dinner inclusive guests) Add a sauce: Peppercorn or Stilton <i>G / L</i>	<b>19.95</b> <b>1.50</b>
Chicken Caesar Burger in a brioche bun served with chips and salad garnish <i>G / L / M / E</i>	<b>11.50</b>	Monsal Pie Homemade Monsal pie topped pie served with chips & mushy peas <i>G / LE</i>	<b>12.95</b>
Beer battered fish and chips served with mushy or garden peas <i>G / L / M / F</i>	<b>12.50</b>	On Sundays we offer a hearty Sunday roast <b>11.95</b> served with vegetables, roast potatoes, Yorkshire pudding and gravy <i>G / L / L/M</i>	
Trio of pork sausages served with seasonal vegetables, creamy mashed potato and a rich onion gravy <i>G / L / M</i>	<b>12.95</b>		

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