# KIDS MENU

## **MEAL AND DRINK 8.95**

Spaghetti Bolognese (contains \*5a, 6, 15)

**Nachos with Bolognese (GFI)** and cheese sauce (contains \*1, 15)

**Beef or Vegetable Lasagne** with fries (contains \*1, 5a, 6, 10, 13, 15)

#### Roast of the Day, Half portion

(Please ask your server for allergens)

Homemade Chicken Tenders (GFI) with fries

(contains \*1, 6, 10, 11, 13, 15)

Chicken Pasta with homemade tomato

Sauce (contains \*1, 5a, 6, 15)

Sausages with fries or creamy mash

(contains \*1, 5a, 10, 13)

Chicken Curry (GFI) with fries or rice

(contains \*1, 10, 11, 13, 15)

**Battered Cod** with fries

(contains \*1, 2, 5a, 5f, 5g, 6, 10, 11, 13, 15)

**Homemade Beef Burger** with fries

(contains \*1, 5a, 6, 9, 10, 11, 13)

BBQ Chicken Wings (GFI) (contains \*10, 11, 15)

Chicken Satay (GFIA) with soya noodles

(contains \*1, 5a, 7, 9, 10, 11, 15)

### **DESSERTS**

Ice Cream Sundae 2.75 (contains \*1)

Whipped vanilla ice cream and Cadbury Flake with a choice of Strawberry / Caramel / Chocolate sauce

Ice Cream Tub 2.75 (contains \*1)

With a choice of:

- Mini Buttons (contains \*1)
- Mini Smarties (contains \*1)
- Mini Marshmallows
- Cadbury Flake (contains \*1)
- Maltesers (contains \*1, 5a, 9)

Milkshake 3.60 (contains \*1)

Vanilla Ice Cream, with choice of:

- Kinder Bueno (contains \*1, 5a, 6, 8b, 9)
- Mint Aero (contains \*1)
- Oreo Biscuits (contains \*1, 5a, 9)

Warm Chocolate Fudge Cake 3.60

Served with ice cream (contains \*1, 5a, 6)

### LITTLE TOTS

**Homemade Baby Bowl (GFI)** 2.75

Potato, gravy & veg (contains \*1, 10, 13, 15) Available blended Add slice of joint of the day 1.50

#### **DRINKS**

Milk (contains \*1) / Fruit Juice / Cordial

or

**Monin Flavoured Water** (fizzy or flat)

Choose from Watermelon / Strawberry / Apple / Raspberry / Cherry

We know you want the best for your kids so at The Martello all of our ingredients for kids meals are locally sourced and cooked from fresh to order. All beef and chicken are 100% Irish and Bord Bia approved.

(GFI) Made with Gluten Free ingredients

**(GFIA) Gluten Free ingredients available** (removal of allergenic ingredient)

(15) Contains Garlic

Please note that our dishes are prepared in a kitchen that contains gluten, dairy, nuts, eggs and soy, therefore we cannot guarantee that our dishes are safe to consume for people with these allergies.

\*Allergen list 5g Oats 1 Milk and milk 5h Malt products 6 Egg 2 Fish 7 Peanuts 3 Crustaceans 8 Other Nuts 4 Molluscs 8a Almonds **5** Gluten containing 8b Hazelnuts cereals 8c Cahsews 5a Wheat 8d Pecans **5b** Wholemeal 8e Brazil **5c** Spelt 8f Pistachio **5d** Khorason 8g Macedemia **5e** Rye 8h Pine nuts 5f Barley 8i Walnuts

**9** Soy inc. soya **10** Celery

**12** Sesame **13** Sulphur Dioxide

**14** Lupin

11 Mustard

