

COCKTAILS

Big Feast Caesar VEGAN 1 oz 7 2 oz 10

Vodka, vegan Walters, house-made gluten-free worcestershire, house-made hot sauce; house-made spicy carrot, pickled beet, Blazes Bean

Raspberry Mojito 1 oz 7 2 oz 10.5

White rum, soda, raspberry purée, fresh mint, fresh lime, house-made simple syrup

Summer Sunrise Mimosa 1 oz 5

Sparkling apple juice, vodka, fresh squeezed orange juice, mango, maraschino cherry

Classic Mimosa 3 oz 6

Sparkling wine and orange juice

Big Feast Mango Mimosa 3 oz 6

Sparkling wine and mango juice

Baileys Latté 1 oz 6.5 2 oz 10

Saltspring espresso, steamed milk, Baileys; topped with fresh Baileys whipped cream

Big Feast Cold Coffee 1 oz 6.5 2 oz 10

Iced espresso, milk, Kahlua; topped with Baileys

BEER, CIDER, ETC.

Driftwood New Growth 355 ml 5

Driftwood Cry Me A River Gose 473 ml 6

Driftwood Fat Tug IPA 355 ml 5

Driftwood Viewfield Brett Saison 473 ml 6

Whistler Chestnut Ale 355 ml 5

Whistler Mountain Lager 355 ml 5

Whistler Bear Paw Honey Lager $330 \ ml$ 5

DRAFT Driftwood Fat Tug 16 oz 5 20 oz 7

DRAFT Ridge Brewing Lager 16 oz 4 20 oz 6

Glutenberg Gluten-Free Beer 473 ml 7

Choose from IPA or Blonde

Okanagan Cider 355 ml 5

Choose from Peach or Pear

Wards Apple Cider 355 ml 5

Bling Sparkling Wine $355 \ ml$ 8



The View Winery Silver Lining White

6 oz 7 9 oz 10 750 ml Bottle 30

Mission Hills Family Estates Pinot Grigio

6 oz **8** 9 oz **11** 750 ml Bottle **32**

Mission Hills Family Estates Chardonnay

6 oz **8** 9 oz **11** 750 ml Bottle **32**

The View Winery Sparkling Rosé

750 ml Bottle 30

The View Winery Silver Lining Red 6 oz 7 9 oz 10 750 ml Bottle 30

Fernwalk Winery Pinot Noir

6 oz **8** 9 oz **11** 750 ml Bottle **35**

Red Rooster Cabernet Merlot

6 oz 11 9 oz 15 750 ml Bottle 42

Prices subject to 15% tax.







ALL DAY ENTRÉES

Chicken & Shrimp 'Ciao' Mein

Fire-grilled free run chicken, wild prawns, house-made pesto, fresh arugula, spinach, caramelized onions and chardonnay lemon cream; tossed with egg noodles, topped with Parmesan 20

Chicken Stir Fry

Free run chicken, egg noodles, bok choy, red peppers, snap peas, carrots, fresh orange garnish 18

Lennon's Fried Chicken 😁

Chicken breast marinated with fresh herbs and parmesan, coated in organic gluten free cornflakes, pan fried golden, finished with roasted peppers aioli; served with seasonal vegetables and pesto spaghettini 21

Harv's Curry Bowl PLANT-BASED OPTION

Rich curry, sweet potatoes, zucchini, golden raisins, chickpeas; choice of fire-grilled Indian spice-rubbed chicken breast or grilled garlic tofu; served with roti 18

Grilled Balsamic Chicken GF

Goat cheese, fresh tomatoes, balsamic reduction, served with smashed potatoes and seasonal vegetables 22

Seafood Spaghettini

Seared scallops, crab, prawns, tossed with roasted tomatoes, peas in a spicey rosé sauce, parmesan 25

Mushroom Ravioli

Cremini stuffed ravioli sautéed with local organic mushrooms, truffle cream, aged parmesan, fresh herbs 19

Steak with Chimichuri

Handcut 8oz aged striploin fire-grilled; served with smoked cheddar smashed potatoes, seasonal vegetables, house-made chimichuri 25

Steak with Mushrooms

Handcut 8oz aged striploin fire grilled; served with smashed potatoes, local organic truffle mushrooms, seasonal vegetables, fresh herbs 27

Steak with Seafood

Handcut 8oz aged striploin fire-grilled, crab, scallops, prawns in butter sauce; served with smoked cheddar smashed potatoes and roasted tomato 32

Mac & Cheese

A traditional favourite 13 Add pulled pork 3

SALADS AND MORE

Tuna Tostadas

Seared very rare albacore, crispy wontons, fresh avocado, carrots, sesame lime vinaigrette, black sesame seeds 15

Tuna Poke Bowl

Raw albacore tuna marinated with sweet soy, chili, lime and ginger over rice, fresh avocado, edamame beans, almonds, carrots, cucumber, pickled daikon, togarashi aioli, scallions, black sesame seeds 18

Eat It or 'Beet' It GF PLANT-BASED OPTION

Fresh spinach, arugula, avocados, shredded beets and carrots, rice, toasted almonds and creamy avocadosesame dressing; served with choice of grilled chicken or grilled garlic tofu 18

Big Feast Salad GF PLANT-BASED

Baby greens, local dried cranberries, organic pumpkin seeds, carrots, peppers, cucumbers, white balsamic vinaigrette 13

Tofu Noodle Salad 😁

Fresh bell peppers, organic tofu, egg noodles, housepickled daikon, bok choy, roasted cashews, sesame chili vinaigrette 16

NEW Red Lentil Dahl

Slow braised red lentils, pickled jalapeños, toasted cumin and touch of lime; served with roti 14.5

Napa Salad GF

Organic arugula, spinach, goat cheese, spiced pecans, fresh grapes, white balsamic vinaigrette 15

For All My Vegan Friends PLANT-BASED

Ouinoa, sweet potato and vam hash, avocado, lemon braised kale, zucchini spirals, vegan pistou, roti 16

Hot Spinach & Artichoke Dip

Served with roti 14.5

PROTEIN ADD - ONS

Grilled Chicken Free run 6

Garlic Prawns (2) (6) 5 (12) 9

Lamb Sausages (2) 7

Sliced Bacon (3) 5

Beef Patty 5

Avocado 2.5

Ham Steak 4

Free Run Egg 2

Tofu Steak 4





HANDHELDS

All handhelds are served on a brioche bun unless noted otherwise and come with your choice of side. Gluten-free bun/bread add \$1.50.

Wild Fennel Bison Burger (4)

Hand-pressed bison patty, havarti cheese, crab, double smoked bacon, goat cheese aioli, banana pepper jam 26

The 5am

Hand-pressed bison patty topped with smoked cheddar, fried egg, honey mustard ham, chipotle crema 21

Our beef patty with a four cheese blend, local organic truffle mushrooms, caramelized onions, house-made mayo 18

The Clint Eastwood

Our beef patty, smoked cheddar, double-smoked bacon, bourbon BBQ sauce, sautéed peppers and onions, housemade mayo 19

Ruskin Ranch Burger

Our beef patty, bourbon BBQ sauce, house-made mayo, smoked cheddar, butter lettuce, Hardbite Rock Salt & Vinegar potato chips 17

Bacon & Cheese Please

Our beef patty, double-smoked bacon, cheddar, mozzarella, lettuce, tomato, mustard, house-made mayo, caramelized onions 19

Fraser Valley Chicken Sandwich

Chicken breast, basil pesto, havarti cheese, fresh tomato, lettuce, house-made mayo 17

The Big Mess

Chicken breast fire-grilled with our Latin spice rub, topped with avocado, lettuce, tomato, chipotle creme, smoked cheddar, bourbon BBQ 18

100 Mile Chicken Sandwich

Fraser Valley free run chicken, Cheesecrafters havarti, double-smoked bacon, house-made mayo, and lettuce on 100 Mile bread (contains hazelnuts) 20

Pulled Pork Sandwich

Slow roasted pork butt, piled high with our house-made cherry chutney and napa slaw 15

Grown-Up Grilled Cheese

Double cream Brie, aged Parmesan, mozzarella, sharp cheddar, organic sourdough 16

The Fiery Vegan PLANT-BASED

Organic sourdough grilled crisp with virgin olive oil, house-made vegan cheddar sauce, nutritional yeast, fresh tomatoes, arugula and house-made spicy vegan mayo 16

Veggie Burger PLANT-BASED OPTION

House-made veggie patty with basmati, quinoa, red lentils chickpeas; fresh tomatoes and choice of vegan mayo or roasted garlic-feta aioli 17

Kids Burger

Our beef patty with cheese, mayo, ketchup on toasted brioche; served with Hardbite Rock Salt & Vinegar potato chips 12

THE SIDES

Bulk orders are available for take-home! Ask your server for details.

Asian Slaw GF PLANT-BASED

Big Feast Salad GF PLANT-BASED

Napa Salad GF

Fresh Fruit Salad GF PLANT-BASED

Tofu Noodle Salad

NEW Seafood Chowder Add \$2

\$1 from each sale to OceanWise

Roasted Yam, Curry + Mango Chutney Soup GF PLANT-BASED Smoked Cheddar Smashed Potatoes GF

Roasted Breakfast Potatoes GF

Available only until 3pm

Roasted Yam Hash V GF

Mac & Cheese

Seasonal Vegetables GF

Hardbite Potato Chips GF PLANT-BASED

Rock Salt & Vinegar



BREAKFAST

Big Feast Granola GF

Local organic oats, toasted almonds, lavender infused honey; served over fresh fruit with vanilla yogurt 11

Big Feast Oatmeal GF

Local organic oats, golden raisins, local dried cranberries, toasted almonds, cane sugar 9

Maple Bacon French Toast

Cranberry semolina bread egg dipped and fried golden, stuffed with maple cream cheese; topped with sautéed bacon-apple chutney 16.5

Lennon's French Toast

Organic sourdough dipped in egg and crusted with corn flakes; topped with sautéed bananas, apples, house-made caramel, and vanilla whip 16

What Did You Do With My Tofu? GF PLANT-BASED

Organic tofu, caramelized onions, zucchini pasta, raw tomato sauce, vegan kale pesto, house-made vegan cheddar sauce; served with toast and breakfast potatoes or fresh fruit salad 16

MMMM... EGGS! AVAILABLE TILL 3PM

All breakfast eggs are local free run and are served with toast and your choice of roasted breakfast potatoes or citrus infused fruit salad. Want to enjoy both sides? Order Half Fruit & Half Potatoes for an extra \$2!

Toast Choices: 100 Mile Contains hazelnuts Organic Sourdough Herb Focaccia Sprouted Wheat Cranberry Semolina White Cheddar & Garlic Sourdough Gluten-Free Add \$1.50

NEW Mushroom Omelette

Two egg omelette stuffed with local organic mushrooms, goat cheese, fresh herbs, caramelized onions, toast 17

NEW Steak & Eggs GF

Handcut 4oz aged striploin fire-grilled; served with two eggs any style and toast 22

What's The Story, Morning Glory GF

Braised spinach, arugula, caramelized onions, topped with two free run poached eggs, butternut squash cream and roasted cashews, choice of toast 16

Salmon Benny 😥

Oceanwise smoked salmon, herbed cream cheese, avocado, roasted garlic white cheddar sourdough, two poached eggs, hollandaise 18

Crab Benny 🚱

Fresh avocado, chipotle crema, fresh hollandaise on organic corn flake crusted sourdough 22

The Benny

Two eggs, fresh hollandaise, grilled herb focaccia with your choice of ham, creamed spinach, or double-smoked bacon 15

Veggie Benny GF

Our own veggie patty topped with Brie cheese, two poached eggs, house-made scallion hollandaise 16

Hard Days' Night

Two free run eggs, choice of double-smoked bacon (3), ham steak or merguez lamb sausage, toast 15.5

Green Eggs & Ham GF

Two scrambled eggs, house-made basil pesto, honey mustard ham, goat cheese, caramelized onions, served with toast 16.5

My Favourite Breakfast Sandwich

Two pieces crispy grilled roti, stuffed with fresh tomatoes, double-smoked bacon, cheesy eggs, and roasted garlic-feta aioli 17

Pulled Pork Hash GF

Slow-roasted pulled pork, roasted sweet potatoes, caramelized onions, poached eggs, topped with fresh hollandaise and bourbon BBQ sauce 18.5

Lamb Sausage Hash GF 😁

Merguez-style lamb sausage, quinoa, caramelized onions, sweet potatoes, two poached eggs, house-made goat cheese hollandaise 19.5



LITTLE FEAST

Includes organic juice box, fresh fruit salad, fresh baked cookie. For kids under 10.

Cheesy Eggs & Toast Fingers

Scrambled eggs, cheese, sprouted wheat toast 8

Warm fruit compote, whipping cream, chocolate sauce (does not come with sides as noted above) 12

Lotsa Cheese Grilled Cheese

Loads of mozzarella and cheddar cheeses melted on organic sourdough 8

Stella's Amazing Tacos (2)

Pulled pork, bourbon BBQ, coleslaw, fresh avocado on crisp roti 8

Hawaiian Tropics

Roti sandwich stuffed with honey ham, pineapple, cheese, and tomato sauce 8

Mac & Cheese

A traditional favourite made with noodles 8

SWEETS

Raspberry Almond Bars GF

Gluten-free oat base, house-made raspberry jam, almonds, butterscotch chips 4

Rocky Ridge Bar GF

Gluten-free crust topped with caramel, chocolate ganache, pumpkin seeds, spiced pecans, almonds 4

NEW Chocolate Pecan Pie GF

Baked fresh with loads of crisp pecans! Topped with chocolate ganache and vanilla whipped cream 7

Coconut S'Mores GF VEGAN

Pecan date bottom, organic cocoa middle, raw agave, coconut topping 5

Baked Cheesecake

Baked with fresh lemon zest on a graham crust; topped with seasonal in-house preserves 7

NON - ALCOHOLIC DRINKS

Americano	2.90 / 3.50 /	4.00	Organic Teas 3.5
Cappuccino	3.75 / 4.25 /	4.50	Earl Grey, Gunpowo Herbal: Chamomile
Latté	3.90 / 4.50 /	5.00	Pure Leaf Iced Ted
Flavoured Latté	4.50 / 5.15 /	5.65	Lemon, Peach, or Ra
Caramel Macchiato	4.50 / 5.25 /	5.75	Bubly Sodas 1.5
Chai Latté	4.50 / 5.25 /	5.75	Grapefruit, Orange,
Mocha / White Chocolate Mocha	4.60 / 5.50 /	5.90	Phillips Sodas 3.5 Sparkmouth Ginger
London Fog	4.50 / 5.25 /	5.75	Dare Devil Orange C
Drip Coffee	2.70 / 3.20 /	3.50	Kombucha 6 Ginger or Pineapple
Hot Chocolate	3.50 / 4.15 /	4.75	Blue Monkey Coc
Kid's Hot Chocolate		3.25	Premium Juices 1 Orange, Cranberry, N
Add Espresso / Flavour Shot		1.00	
Sub Soy / Almond / Coconut / Oa	t Milk	1.25	Organic Unfiltered
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der Green, Roasted Coconut Lavender, Mint

Raspberry

, Cherry, or Lime

r Ale, Captain Electro's Root Beer, Cream, or Speed King Craft Cola

e Peach

conut Water 3.25

12oz 4 16oz 6

Mango

ed Apple Juice 12oz 4 16oz 6

Chocolate Milk 3.5 Milk 3

