

Where casual café meets classic dining.

Classic Restaurant Dining

starters

<b>Falafels</b> 3 falafels served with hummus, tzatziki & laffa bread.	<b>48</b>
<b>Chicken Strips</b> 4 chicken strips served with chilli mayo.	<b>59</b>
<b>Halloumi Fingers</b> 3 fingers of halloumi cheese grilled and served with sweet chilli dip.	<b>54</b>
<b>Focaccia</b> Garlic and herb focaccia with cheese	<b>69</b>
<b>Chick 'n Cheese Bomb</b> 3 bombs served with chilli mayo.	<b>54</b>
<b>Spicy Asian Prawns</b> (4 prawns) Crispy fried prawns served in MiHa's asian inspired sriracha sauce.	<b>79</b>
<b>Asian Edamame Popcorn</b> Charred edamame beans tossed in a spicy Asian inspired dressing.	<b>85</b>

chicken

All our chicken dishes are served with rice or chips.

<b>¼ Portuguese Chicken</b> (leg portion) Leg portion of chicken seasoned to perfection using Portuguese-style spices, topped with a mild peri-peri sauce.	<b>89</b>
<b>½ Portuguese Chicken</b> ½ Flame grilled chicken portions seasoned to perfection using Portuguese-style spices topped with a mild peri-peri sauce.	<b>139</b>
<b>Portuguese Chicken</b> Full chicken seasoned to perfection using Portuguese-style spices topped with a mild peri-peri sauce.	<b>209</b>
<b>Chicken Fillets</b> 2 x Free range chicken breasts grilled to perfection.	<b>115</b>

signature steak

HOW TO YOU LIKE YOUR STEAK?

**Rare:**  
Brown on the outside; very pink on the inside with blood.  
**Medium Rare:**  
Brown on the outside; very pink on the inside.  
**Medium:**  
Brown on the outside; pink on the inside.  
**Medium-well:**  
Brown on the outside; thin layer of pink on the inside.  
**Well-done:**  
Brown on the outside; brown on the inside.

All our steaks are served with chips and onion rings.

<b>Rump Steak</b> 200g / 300g 28-day aged rump steak basted, and flame grilled to perfection.	<b>189 / 229</b>
<b>Cheddammelt Rump</b> 300g 28-day aged rump steak basted, and flame grilled to perfection. Served with a slice of melted cheese and mushroom sauce.	<b>249</b>
<b>Fillet Steak</b> 200g 28-day aged fillet steak, flame grilled to perfection in our Signature MiHa basting. <i>Uniquely Sourced Fillet</i>	<b>269</b>
<b>Cheddammelt Fillet</b> 200g 28-day aged fillet steak, basted and flame grilled to perfection. Served with a slice of melted cheese and mushroom sauce. <i>Uniquely Sourced Fillet</i>	<b>289</b>
<b>Ribeye on the bone</b> 600g 28-day aged prime cut ribeye steak basted and flame grilled to perfection.	<b>299</b>

prawns

<b>MiHa Signature Portuguese Prawns</b> (6 queen prawns with chips, rice) Portuguese style prawns, butterflied and marinated in our signature peri-peri rub. Available in hot peri-peri, mild peri-peri or lemon butter. <b>1KG</b> Option Available <b>5Q</b>	<b>249</b>
<b>Spicy Asian Prawns</b> (6 prawns with chips) Crispy fried prawns served in MiHa's Asian inspired sriracha sauce.	<b>186</b>
<b>Spicy Asian Prawn Burger</b> Crispy fried prawns served with pineapple salsa and MiHa's eastern inspired sriracha sauce on a delicious brioche bun. <b>Add Chips for R20</b>	<b>139</b>

family platters

<b>Prawn Platter</b> 2 Doz Queen Prawns with Rice & Chips	<b>996</b>
<b>Chicken Platter</b> 2 Full Chickens with Rice & Chips	<b>420</b>
<b>Steak Platter</b> 12 x 100g Fillets with Chips & Onion Rings	<b>1614</b>

platters

<b>MiHa Mixed Grill Platter</b> Platter for 1/2 3 x queen prawns, 100g steak, ¼ chicken, rice, chips.	<b>299</b>
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pasta

All our pastas are served with your choice of either penne or spaghetti.

<b>Napolitana Pasta</b> Pasta served with a delicious tomato-based sauce seasoned with garlic and basil.	<b>129</b>
<b>Arrabiata Pasta</b> Pasta served with a rich spicy sauce made with Italian tomatoes and chilli peppers, topped with olives and fresh basil. <b>Add Cajun Chicken R30</b>	<b>135</b>
<b>Alfredo Pasta</b> Pasta served in a creamy mushroom sauce. <b>Add Cajun Chicken R30</b>	<b>138</b>

vegan

<b>Cauliflower Steak</b> Butterflied cauliflower, flame grilled and topped with an onion relish and beetroot. Served with a sriracha sauce.	<b>110</b>
<b>Beyond Burger</b> *Subject to availability Plant-based patty flame grilled and served with fresh rocket, crispy lettuce and a tangy tomato salsa. Served with crispy chips. <b>Add High protein, wheat-free bun R20</b>	<b>160</b>
<b>Vegan Bowl</b> Chunky mushrooms, beetroot, cauliflower, shredded spinach and sweet potato served on a bed of spiced rice and topped with a coriander emulsion and tahini dressing.	<b>89</b>
<b>Vegan Wrap</b> Fresh wrap layered with fresh mushrooms, lettuce, baby marrow, tomatoes, red onions and crispy spinach and drizzled with a coriander emulsion and vegan dressing. <b>Add Gluten-free wrap R15</b>	<b>125</b>

Additional vegetarian options on the full menu.

sushi platters

<b>Kyoto Salmon Platter</b> 8 California rolls, 8 signature salmon, 6 maki, 4 rainbow rolls	<b>600</b>
<b>Kobe Vegetarian Platter</b> 10 osaka vegetarian rolls, 4 halloumi crunch, 4 California rolls, 8 fashion sandwiches	<b>420</b>
<b>Okinawa Tempura Platter</b> 8 tempura crunch (prawn), 8 signature prawn sushi, 8 crispy sumo rolls, 4 tiger rolls	<b>620</b>
<b>Mr Miyagi Sushi Platter</b> 4 halloumi crunch, 4 tempura crunch, 8 signature rolls (Customer Choice)	<b>520</b>
<b>Atlantis Platter</b> 8 tempura crunch, 8 fuji rolls, 8 MiHa signature tuna sushi, 10 osaka vegetarian roll	<b>699</b>

sushi

<b>California Rolls (4/8 pc)</b>	
Salmon	<b>88 / 118</b>
Tuna	<b>92 / 122</b>
Prawn	<b>86 / 114</b>
Vegetable	<b>65 / 98</b>
<b>Fashion Sandwich (8 pc)</b>	
Salmon	<b>132</b>
Tuna	<b>130</b>
Prawn	<b>130</b>
Vegetable	<b>102</b>
<b>Spicy Sashimi (4pc)</b>	
Salmon, pawns sauce, sesame oil, jalapeño, with MiHa's classic selection of spices, sauces and toppings	<b>140</b>
Salmon	<b>132</b>
<b>Maki (6 pc)</b>	
Salmon	<b>94</b>
Prawn	<b>90</b>
Avo	<b>75</b>
Cucumber	<b>75</b>

<b>Fuji Roll (4/8 pc)</b> Smoked salmon, Cream cheese, Avo, with MiHa's classic selection of sauces and toppings	<b>120 / 180</b>
<b>Tempura Crunch (8 pc)</b> Fried tempura prawn, cream cheese, avo, with MiHa's classic selection of sauces and toppings	<b>192</b>
<b>Halloumi Crunch (8 pc)</b> Fried halloumi, Cream cheese, Avo, with MiHa's classic selection of sauces and toppings	<b>162</b>
<b>Tiger Roll (8pc)</b> Spicy tuna, Cucumber, Avo, Shrimp on top, seven spice, with MiHa's classic selection of sauces and toppings	<b>188</b>
<b>Crispy Sumo Roll (4/8pc)</b> Salmon/Tempura prawn, Cream cheese, Avo, with MiHa's classic selection of sauces and toppings	<b>120 / 192</b>

<b>Osaka Vegetarian Roll (8pc)</b> Butternut, Corn maize, Chickpeas, Carrot, Cucumber, Avo, with MiHa's classic selection of sauces and toppings	<b>142</b>
<b>MiHa Signature Sushi (8pc)</b> Our very spicy twist on sushi served with your choice of fresh salmon, steamed prawns, canned tuna topped with chilli, spring onion & avo	<b>182</b>



burgers

Add chips **R29** or Add high protein bun **R20**

<b>Signature Chicken Burger</b> Flame grilled chicken burger served with garlic aioli.	<b>69</b>
<b>Nacho Burger</b> Beef or Chicken. Flame grilled chicken burger served with guacamole, nachos and cream cheese.	<b>89 / 109</b>
<b>Signature Beef Burger</b> Flame grilled beef patty served with gherkins and our signature sauce.	<b>79</b>
<b>Cheddammelt Burger</b> Classic cheddammelt burger, with a cheesy mushroom sauce.	<b>109</b>
<b>Hot &amp; Spicy Burger</b> Flame grilled beef patty served with fried onions, sliced jalapeño and chilli mayo.	<b>109</b>
<b>Yankee Burger</b> Classic cheddammelt burger with smoked beef, melted cheese and mushroom sauce. <b>Add egg R10</b>	<b>129</b>
<b>MiHa Signature Asian Prawn Burger</b> Crispy fried prawns served with pineapple salsa and MiHa's eastern inspired sriracha sauce on a delicious brioche bun.	<b>139</b>
<b>Slider Beef Burgers</b> Signature, Cheddammelt and Hot-Spicy all served on mini buns	<b>140</b>

sandwiches

<b>Add chips R39</b> <b>Add high protein, wheat-free bread R15</b>	
<b>Toasted Cheese &amp; Tomato</b> Traditional toasted cheese and tomato with a touch of white pepper.	<b>49</b>
<b>Toasted Chicken Mayo</b> Traditional toasted chicken mayonnaise.	<b>59</b>
<b>Toasted Steak Special</b> An old classic of shredded steak, cheese, chips and a mild chilli sauce.	<b>79</b>

tapas

<b>Tapas Board for 1</b> 2 falafels, 1 sheesh kebab, 2 halloumi fingers, 2 chilli chick 'n cheese bombs, 2 chicken strips. Served with hummus, tzatziki, chilli mayo and laffa bread.	<b>189</b>
<b>Tapas Board for 2</b> 4 falafels, 2 sheesh kebab, 4 halloumi fingers, 4 chilli chick 'n cheese bombs, 4 chicken strips. Served with hummus, tzatziki, chilli mayo and laffa bread.	<b>299</b>

ADD 3 Spicy Asian Prawns **79**

pizzas

All our pizzas are baked in our stone fired oven.

<b>Margherita</b> Tomato, cheese and basil.	<b>89</b>
<b>Tangy Chicken</b> Chicken, feta and sweet chilli.	<b>110</b>
<b>Hot &amp; Spicy Chicken</b> Chicken, peri peri sauce and feta.	<b>115</b>
<b>Vegetarian Pizza</b> Mushroom, onion, peppers, tomato and zucchini.	<b>105</b>
<b>Hawaiian Pizza with Masala Pineapple</b> Masala pineapple and macon.	<b>110</b>
<b>Spinach &amp; Feta Pizza</b> Old classic.	<b>110</b>
<b>Meat Pizza</b> Spicy mince, fresh chilli and garlic.	<b>125</b>
<b>Chicken Tikka Pizza</b> Pizza with chicken tikka, peppers, feta and mozzarella cheese.	<b>150</b>

<b>Add avocado</b>	<b>20</b>
<b>Add feta</b>	<b>15</b>
<b>Add mushrooms</b>	<b>15</b>
<b>Add olives</b>	<b>20</b>
<b>Add peppadew</b>	<b>15</b>
<b>Add macon</b>	<b>20</b>
<b>Add sundried tomatoes</b>	<b>15</b>
<b>Add jalepenos</b>	<b>15</b>
<b>Add gluten free base</b>	<b>25</b>

wraps & bagels

Add high protein, wheat-free bagel **R20**  
Add gluten-free wrap **R15**

<b>Chicken Wrap</b> Fresh wrap with butternut puree, grilled chicken strips, lettuce, avocado, baby marrows, crispy onions, baby tomatoes, drizzled with tahini, and sriracha sauce.	<b>99</b>
<b>Steak &amp; Avo Wrap</b> A fresh wrap with peppered steak, smashed avo, cream cheese, feta and lettuce, drizzled with a spicy mayo and sriracha sauce.	<b>119</b>
<b>Falafel Wrap</b> A fresh wrap with falafels, tzatziki, hummus, tahina, lettuce, tomato and crispy onions. A mediterranean favourite.	<b>99</b>
<b>Vegan Wrap</b> A wrap layered with fresh mushrooms, lettuce, baby marrow, tomatoes, red onions and crispy spinach, drizzled with a coriander emulsion and vegan dressing.	<b>125</b>
<b>Chicken Mayo Bagel</b> A fresh bagel with shredded chicken, mayonnaise, lettuce and parmesan cheese. Drizzled with a sriracha sauce.	<b>99</b>
<b>Salmon Bagel</b> A fresh bagel with salmon, red caramelised onion, avocado, chives, rocket, sesame seeds and cream cheese. Drizzled with our coriander emulsion and served with a dash of lemon.	<b>139</b>

salads & bowls

<b>Blissful Butternut Salad</b> Roasted butternut, crispy red onion, creamy feta, baby tomatoes and crunchy pecan nuts served on a bed of lettuce and rocket with either a tahini or aioli dressing.	<b>105</b>
<b>Grilled Chicken Salad</b> Grilled free range chicken breasts served on a bed of lettuce and rocket garnished with fried onions, red onions, sun-dried tomatoes, grilled red peppers and calamata olives with a tahini dressing.	<b>129</b>
<b>Greek Salad</b> Traditional Greek salad made with lettuce, tomato, cucumber, onion, feta and olives. Served with a Greek vinaigrette dressing.	<b>99</b>
<b>MiHa Caesar Salad</b> Fresh shredded salad made with tomato, avocado and rocket with shredded chicken and mozzarella cheese served with our signature Caesar dressing.	<b>129</b>

<b>Tandoori Chicken Bowl</b> Grilled tandoori chicken pieces on a bed of spicy rice, flavoured with chargrilled red peppers and sweet potato wedges. Topped with avocado, radishes and grilled onion rings. Served with a spicy mayo dressing and a coriander sauce.	<b>109</b>
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<b>Salmon Poke Bowl</b> Grilled salmon, topped with black sesame seeds on a bed of spicy rice with avocado, carrot, red cabbage, cucumber ribbons, radish and green onions. Served with a chilli mayo sauce.	<b>130</b>
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kids menu

<b>Macon, Eggs &amp; Toast</b> Scrambled eggs & macon on toast	<b>39</b>
<b>French Toast</b> Slice of Cinnamon infused Ciabatta french toast, drizzled with syrup	<b>29</b>
<b>Slider Burger</b> Pure beef patty served on a slider bread roll, layered with lettuce. Available in Chicken or Beef	<b>39</b>
<b>Toasted Cheese</b> Two slices of toasted bread, with a mozzarella filling, sprinkled with white pepper.	<b>36</b>
<b>Toasted Chicken Mayo</b> Mozarella, chicken & mayo filling in a toasted sandwich.	<b>39</b>
<b>Magherita Pizza</b> Wheat pizza base, topped with neapolitana sauce & cheese.	<b>69</b>
<b>Chicken Strips</b> 3 Crumbed Chicken Strips	<b>39</b>
<b>Creamy Pasta</b> Penne pasta topped with a cream sauce Option to add chicken <b>R30</b>	<b>99</b>

## sides

Chips	29
Onion Rings	20
Side Greek Salad	69
Spicy Rice	45
Roasted Vegetables	45

## mocktails

As MiHa is an alcohol free establishment, now you can actually drink and drive.

Mojito	59
Strawberry Daiquiri	
Watermelon & Mint	
Passion Fruit & Mango	
Pina Colada	
Pink Lemonade	
Peach Iced Tea	
Lemon Iced Tea	
Kiwi & Ginger Beer	
Electric Lemonade	

## cold drinks

Local Sodas (Cans)	25
Coca-Cola	Ginger Beer
Cream Soda	Fanta Orange
Sprite	Dry Lemon

## cordials

Kola Tonic & Lemonade	39
Passion Fruit & Lemonade	
Passion Fruit & Cream Soda	
Coconut & Lemongrass	
John Lee	

## shakes

Classic Shakes	59
Chocolate	Strawberry
Vanilla	Bubblegum
Lime	Banana
Gourmet Shakes	69
Chocolate Nut Butter	
Bar One	
Peppermint Crisp	
Coffee	
Coco Pops	
Strawberry Pops	
Oreo	
Oreo & Peanut Butter	
Iconic Lotus Biscoff	

## freezochinos

Coffee	45
Vanilla	
Hazelnut	
Caramel	
Butterscotch	

## smoothies

Chai Latte	69
Infused with our signature chai spice and blended with coconut milk, soaked cashews and dates.	
Tropical Coconut	59
Blend of pineapple, banana, orange and coconut water.	
Strawberry Cheesecake	58
Blend of frozen berries, almond, milk and granola.	
Turmeric Smoothie	68
Blend of pineapple, banana, coconut water, ginger and turmeric.	
Green Breakfast Smoothie	69
Blend of spinach, apple, cucumber, avocado and lemon and ginger.	
Mango Mamba Smoothie	69
Blend of mango syrup, avocado, yoghurt, banana and honey.	

## juices

MiHa's Signature Green Juice	59
Made from freshly squeezed greens for a cleansing, energising boost.	
Add ginger	R35
Detoxing Red Juice	59
Detoxing blend of apple, beetroot and carrot juice.	
Add ginger	R35
Sunrise Juice	49
Refreshing blend of carrot, pineapple, ginger, mint and celery	
Orange Juice (Seasonal)	49
Freshly squeezed orange juice.	
Pineapple Juice	52
Freshly squeezed pineapple juice.	
C-Boost Juice	66
Delicious blend of apple, pineapple, mint and coconut water.	
Refreshing Lime Juice	49
Blend of apple, lime and ginger juice.	

## shots

Ginger Shot	35
Ultimate flu fighter.	
Turmeric Shot	35
Anti-inflammatory and anti-oxidising shot.	

## hot drinks

Coffee	
Americano	34
Cappuccino	39
Latte	39
Macchiato	39
Espresso (single/double)	29/39
Cordato	34
Affogato	45
Tea	34
Five Roses	
Rooibos	
Earl Grey	
English Breakfast	
Green Tea	
Chamomile	
Mint	
Ginger (Fresh ginger in hot water)	
Masala Tea	44

Hot chocolate	57
Original Hot Chocolate	
White Hot Chocolate	
Turkish Delight Hot Chocolate	

### Other hot drinks

Chai Latte	44
Dirty Chai	79
Turmeric Latte	44

Oat Milk	R12
Almond Milk	R15

## shisha menu

MiHa offers a range of standard, gourmet and premium shisha mixes.

### ASK FOR OUR SHISHA MENU

Vozol disposable vapes also available. Ask waiter for flavours and prices.



## desserts

Chocolate Fondant	129
MiHa Signature Dessert	
A delicious and impressive double chocolate gâteau with an oozing chocolate centre. Served with ice cream.	

MiHa's Decadent Brownies	120
Rich chocolate brownies served with vanilla bean ice cream, hot chocolate sauce and a chocolate nest.	

Crème Brûlée	65
Rich custard based dessert topped with a layer of hardened caramelised sugar.	

Basque Cheesecake	99
Spanish crustless cheesecake with a burnt exterior. Served with cream.	

Brownie Cheesecake	79
Our sumptuous signature brownie cheesecake.	

Classic Waffle	39
Traditional waffles served with golden syrup and cream.	
Add ice cream	R12
Add strawberries and bananas	R15

Brownie Waffle	69
Waffles topped with brownie pieces, mousse and a scoop of chocolate ice cream.	

Banoffee Waffle	60
Waffles topped with slices of bananas, torched meringue, and smothered in caramel mousse. Topped with cream and honey-comb dust.	
Add ice cream	R12

French Toast	66
2 Slices	
French toast made with ciabatta served with maple syrup and cream.	
Add ice cream	R12
Add strawberries and bananas	R15

MiHa's Signature French Toast	69
French toast made with a brioche bun stuffed with Nutella and served with cream.	
Add ice cream	R12
Add strawberries and bananas	R15

Choc Chip Flapjacks	45
3 fluffy flapjacks served with Bar One sauce and cream.	
Add ice cream	R12
Add strawberries and bananas	R15

Croffle	69
Croissant meets waffle - Chocolate or Lotus	

Caramel Pocket Pancake	86
Layered pocket pancakes served with Bar One sauce, bananas, strawberries, caramel and cream.	

Entremets	85
Lindt Decadence Lemon Cheesecake Tiramisu.	

Cold Baklava	60
2 pieces of sweet, milky baklava.	

Paul's Ice Cream	59
Ask waiter for available flavours.	

*Breakfast*  
from early until 12pm

## savoury breakfast

Smashed Avo on Sourdough Toastie	85
Delicious combination of avocado with hummus on toasted sourdough bread drizzled with tahini. Served with a side peppadew salsa.	
ADD Poached Eggs	R20

Macon & Eggs	65
Scrambled eggs and macon on toasted ciabatta.	

Eggs Benedict	92
Two poached eggs on ciabatta bread, topped with avocado and sundried tomato hollandaise sauce.	

Add macon	R25
Add salmon	R45
Add spinach	R20

Farmhouse Breakfast	89
Masala eggs, sausage, macon, fried onions, baby tomatoes, with BBQ sauce. Served with ciabatta toast.	

Meat Lovers Breakfast	149
Masala eggs, macon, 70g fillet steak, sausage, a grilled tomato, brown mushrooms and crispy fried onions. Served with ciabatta toast.	

Salmon Bagel	139
A fresh bagel with salmon, red caramelised onion, avocado, chives, rocket, sesame seeds and cream cheese. Drizzled with our coriander emulsion and served with a dash of lemon.	

Add masala baked beans	R20
Add high protein, wheat-free bread	R20
Add high protein, wheat-free bagel	R25

## mezze breakfast

Shakshouka	84
2 egg shakshouka. Served with hummus, chilli and laffa bread.	

Mezze Breakfast	109
3 falafels, 80g beef sheesh kebab, 2 halloumi fingers. Served with hummus, tzatziki, chilli, laffa bread and chips.	

Mezze with Shakshouka	159
2 egg shakshouka, 3 falafels, 80g beef sheesh kebab, 2 halloumi fingers. Served with hummus, tzatziki, chilli, laffa bread and chips.	

## sweet breakfast

French Toast	66
(2 slices)	
2 slices of french toast made with ciabatta served with maple syrup and cream.	
Add ice cream	R12
Add strawberries and bananas	R15

MiHa Signature French Toast	69
French toast made with a brioche bun stuffed with Nutella. Served with cream.	
Add ice cream	R12
Add strawberries and bananas	R15

Banana Brûlée French Toast	99
French toast made with our very own banana bread topped with toasted meringue served with cream.	
Add ice cream	R12
Add strawberries and bananas	R15

MiHa's Signature Croffle	69
A delicious croissant style waffle served with cream.	
Add ice cream	R12
Add strawberries and bananas	R15

Choc Chip Flapjacks	49
3 fluffy flapjacks served with Bar One sauce and cream.	
Add ice cream	R12
Add strawberries and bananas	R15

Caramel Pocket Pancake	86
Layered pocket pancakes served with Bar One sauce, bananas, strawberries, caramel and cream.	

## coming soon

Indian Breakfast  
Healthy Breakfast



## Our Story

Fifteen years ago, something very special happened to us.

The Miya and Hassim families became one.

The name MiHa is a celebration of that union.

In some cultures, MiHa is used as a term of endearment for someone who is dear to you. So, we thought it was apt, as our little restaurant is very dear to us.

MiHa is the coming together of a casual café and classic dining experience. From a quick grab-and-go to a decadent celebratory feast, MiHa brings together the simple and the sumptuous.

We serve international cuisine and have curated some of the best flavours from around the world but with our own South African touch.

We have not focused on any one specific food type. Rather, we have focused on you, our guest.

Our restaurant concept is designed to give you what you feel like - what food you are in the mood for or whatever your occasion may call for.

Taste and variety designed around you.

Welcome to MiHa  
We hope you enjoy your time here with us.